

Patient Name: _____ Today's Date: _____

D.O.B: _____ S.S # _____ - _____ - _____ Sex: M F Marital Status: Single Married Divorced Widowed

Address: _____ City: _____ State: _____ Zip: _____

Cell Phone: _____ Home Phone: _____

E-Mail: _____

Place of Employment: _____ Occupation: _____

How were you referred to our office: _____

Review of Systems: Mark (c) for current problems, check and indicate age when you had any of the following:

General:

- Depression
- Dizziness
- Fatigue
- Headaches
- Loss of Sleep
- Tremors
- Weight Loss/Gain
- Alcoholism
- Appendicitis
- Asthma
- Cancer
- Diabetes
- Gout
- Miscarriage
- Multiple Sclerosis
- Numbness/Tingling
- Osteoporosis

Muscle Joint:

- Arthritis/Rheumatism
- Bursitis
- Muscle Weakness
- Low Back Pain
- Mid Back Pain
- Neck Pain
- Joint Pain

Gastrointestinal/Genitourinary:

- Abdominal Pain
- Bloody or Tarry Stool
- Colitis/Crohn's
- Constipation
- Gallbladder Trouble
- Hernia
- Bed-Wetting
- Bladder Infection
- Kidney Problems

Cardiovascular/Respiratory:

- High/Low Blood Pressure
- Pain over heart
- Swelling of Ankles
- Chest Pain
- Shortness of Breath
- Stroke

Women Only:

Menstrual Flow:

Reg. Irreg. Pain/Cramps

Date - 1st day of last Period: _____

Are You Pregnant? Yes, No

If yes, How many months? _____

How many children do you have? _____

Birth control Method: _____

Past Health History:

Have you...
 Been hospitalized in the last 5 years **Yes No Explain:** _____
 Had any broken bones **Yes No Explain:** _____
 Had any strains or Sprains **Yes No Explain:** _____
 How is most of your day spent? **Standing Sitting Other:** _____
 How old is your mattress? _____
 When was your last physical exam? _____

Habits:

Alcohol:	None	Light	Moderate	Heavy
Tobacco:	None	Light	Moderate	Heavy
Drugs:	None	Light	Moderate	Heavy
Exercise:	None	Light	Moderate	Heavy
Sleep:	None	Light	Moderate	Heavy
Soft Drinks/Caffeine:	None	Light	Moderate	Heavy
Salty Foods:	None	Light	Moderate	Heavy
Water:	None	Light	Moderate	Heavy

Do you have any other health issues or concerns that our staff should be aware of? _____

Family History: If any blood relative has had any of the following conditions, please check and indicate which relative(s)

- | | | |
|---|--|--|
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Cancer | <input type="checkbox"/> High blood pressure |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Diabetes | <input type="checkbox"/> High Cholesterol |
| <input type="checkbox"/> Arteriosclerosis | <input type="checkbox"/> Emphysema | <input type="checkbox"/> Multiple Sclerosis |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Osteoporosis |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Stroke |

Patient Medication List: Please list clearly all medications and supplements and why you are taking them.

Patient Current Complaint:

Give a brief description of the problem you are currently experiencing: _____

How long have you had this condition: _____ Is it getting worse? YES NO

What seems to be the initial cause: _____

What makes your pain worse? _____

What makes your pain better? _____

Describe the type of pain you are having, Dull, Sharp, Shooting, etc.: _____

What activities are your complaints interfering with? _____

What do you hope to achieve with receiving care in our office? _____

